

# Premium Plan - Adult

The following outlines the **terms and conditions of the Adult Premium Plan**. By purchasing this Plan, you acknowledge and agree to the specific coverage and limitations defined within the terms and understand what is included and excluded.

### 1. The Premium Plan includes the following on-site medical services

- **20 Primary Care consultations/follow-ups** with family practitioners / GPs, internists, and gynecologists, in person or via telemedicine.
- 8 total in-house specialist consultations/follow-ups, if medically indicated, with listed FirstMed specialists:
  - Allergy Specialist
  - Cardiologist (consultation-only)
  - o Gastroenterologist (consultation-only)
  - Dermatologist
  - Neurologist (consultation-only)
  - o Pulmonologist
  - Radiologist
  - Ophthalmologist (outside of vision exam)
  - Orthopedist/Traumatologist
  - Otolaryngologist (ENT)
  - Urologist
- On-site diagnostics, if medically indicated: x-ray, ultrasound (5x), mammography\*, in-house lab tests\*\*.
- One occasion per plan year of each of the services:
  - Flu shot (3 component)
  - Dental check-up (Fürstner Dentistry)
  - o Physical Therapy treatment
  - Vision exam
  - o Psychiatrist or Psychologist consultation
  - Dietitian (nutritionist) consultation
- 10 Prescription refill occasions.
- One session from the following **minor surgeries**: mole, birthmark, and wart removal, sclerotherapy, lipoma, abscess, furunculous, folliculitis, hemorrhoid—thrombectomy, anoscopy (simple procedures).
- Medical exams for permits and licenses: work and residence permit, driving license
- One occasion per plan year of the following **preventive exams**: comprehensive health maintenance exam, annual women's health exam (including Pap smear, vaginal culture, physical breast exam, mammography)
- Travel consultation
- COVID tests: 2 antigen tests, further tests are with a 35% discount

## 2. Exclusions and additional charges

Any medical services not specifically mentioned above will not be covered by the plan. FirstMed specialists are limited to those currently contracted. The exclusions are not limited to the list below:

- Outside consultations are not covered under the Premium Plan
- Home visits / Hospital care / Ambulance transportation.
- ENG / EMG / EEG diagnostics / CT scan / MRI diagnostics
- Orthopedic procedures and renting of medical supplies (i.e., crutches, CPAP, nebulizer, etc.)

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- ECHO/Stress tests
- FirstMed Endoscopy Center procedures
- Dental care
- Prenatal care / Infertility / assisted fertilization treatments
- Medications, vaccinations, disposable medical supplies (i.e., bandages, casts, splint application, etc.)
- Holter/Blood pressure monitor for more than 24 hrs.
- Immunotherapy
- Diagnosis and treatment of conditions arising from drug abuse, alcoholism, or sexually transmitted diseases
- Sleep study
- Routine medical maintenance or treatment of chronic conditions, e.g., frequent injections or diagnostics, may be accepted on a case-by-case basis but otherwise are excluded.
- \*For those with breast implants, FirstMed is unable to provide mammography. An outside screening is not covered by the Plan.
- \*\*The Plan covers <u>in-house lab tests</u>. Please ask our receptionists about the laboratory tests included in the plan. All other lab tests shall be paid for by the plan holder.
- After-hours visits require an additional charge.

# 3. Please note the following below

- Additional services or consultations, further to the amounts included in the Plan, can be obtained at discounted prices provided to Value Card holders.
- A consultation appointment covers a focused exam time slot (Primary Care: 30 minutes, Specialist: 20-30 minutes). Examinations requiring longer than this period shall be counted as two visits.
- Missed, or canceled appointments within 24 hours, count in the visits included in the plan.
- 'Follow-up' visits count towards the plan totals (except for Health Maintenance Exam).
- The services provided or arranged by FirstMed, which are not included in the scope of the Premium Plan, may involve additional costs. Please inquire about the prices prior to the treatment.
- FirstMed is not responsible for organizing appointments when the patient decides to pay at the place of service. However, we can still provide contact information for outside consultants or facilities.
- Group pricing is only available for group plans with the same 'Starting' / 'Expiration' dates.

#### **Prices**

| Prices   | (HUF / person/year)           |
|--|-------------------------------|
| Full price   | 280 000                       |
| Loyalty Price (3rd - 4th renewal)  | 265 000                       |
| Loyalty Price (5th - 9th renewal)  | 250 000                       |
| Loyalty Price (10th + renewal)   | 235 000                       |
| Group Price for 2-4 persons  | 250 000                       |
| Group Price for 5-9 persons  | 230 000                       |
| Loyalty Price (5th - 9th renewal)<br>Loyalty Price (10th + renewal)<br>Group Price for 2-4 persons | 250 000<br>235 000<br>250 000 |

#### Group and loyalty discounts may not be combined.

The Plan is valid for one year, counting from the date of purchase. Plans must be renewed within 30 days of the previous plan's expiration to maintain a loyalty discount. Plans renewed beyond 30 days, without FirstMed's prior agreement, will be considered as 'new' plans for the sake of the loyalty discount. When a plan grows from one person to two (or more), retrospective discounts will not be applied, i.e., the first members' premium will not be refunded to indicate the group price. The group price will only be applied to additional members as they are added in and for as long as the 'group' exists.

Contact: sales@firstmedcenters.com

Valid from January 1st 2024 until further notice.